

A·H·L·A

Asian Health Literacy Association

GLOBAL Health Literacy

Newsletter

Issue No.6 May 2015

COVER STORY

A closer look on Mental health in Vietnamese Community

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Health Literacy Organizations

**Institute for Community Health Research(ICHR),
Hue University of Medicine and Pharmacy(Hue UMP)**

—Building stronger University-Community Connections

The ICHR is a result of the successful collaboration between HUMP, Health Departments of 5 provinces in the Central and Highland area of Vietnam and Queensland University of Technology (QUT), Australia under financial, resource and technical support from Atlantic Philanthropies (AP)-USA and QUT. The primary mission of the ICHR is to improve quality of scientific community health research, to apply research findings to the community healthcare practice, to provide training and technical support for improving research capability and evaluation of community health services among 5 provinces in Central and Highland area of Vietnam.



Mental health in Vietnamese Community: Evidence from research with children, youth, adults of working age and elderly people

During the two days of the 9th and 10th of January 2015, ICHR, Hue UMP has organized the workshop on 'Mental Health in Vietnamese communities. In this workshop, researchers from the ICRH at Hue UMP and colleagues from health and education organizations and sectors have presented the main findings from studies on the mental health of the communities among different age groups carried out in national and central Vietnam. The topics of research are very common issues, influencing many people at different age groups such as: academic pressure and its association with mental health among high school pupils, common mental disorders such as depression, anxiety disorder among medical university students, postnatal depression, mental health among cancer patients, dementia and depression among the elderly. The workshop also exchanged international



High School Students, talking about their experience of study burden during high school

perspectives on mental health literacy, based on research and advocacy in the East Asian region and Australia.

The remarkable difference of this workshop compared to others was the connection between scientific evidence from research findings and the inclusion of community voices. The workshop has created an open discussion platform, in which community members including pupils, students, new mothers, cancer patients and the elderly have the chance to talk about themselves. They shared very openly with the workshop many issues about mental health related to their own experiences. Issues discussed by community members included: experiences of academic stress during high school, the counseling and practical supports students need from universities, strategies student use to cope with study and prevent depression, things that affect new mothers' well-being with their babies and what should health services do to support new mothers, how cancer patients experience their treatment and ongoing care, and services the elderly need to help them at home and in the community.

The ending session of the workshop includes a workshop overview and panel discussion on how to use research to improve mental health, improving psychosocial support in cancer care with the active participants of community members, researchers, clinical doctors, and policy makers. We hope that the research findings can be applied to make a positive, practical difference in people's lives.



Elderly people are suggesting: "Services we need to help us at home and in the community"

Coming Events

Health Literacy: Research, Policy & Practice

2015 Health Promotion Conference

June 18, 2015,

National University of Ireland Galway, Ireland



The 7th international conference on Public Health among Greater Mekong Sub-Regional Countries

September 25-26, 2015,

Hue University of Medicine and Pharmacy, Vietnam



7th Annual Health Literacy Research Conference

November 2-3, 2015

Hyatt Regency Bethesda, Maryland, U.S.A



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The International Conference on Health Literacy and Healthcare Efficiency

November 9-11, 2015

Tainan, Taiwan



The 3rd European Health Literacy Conference

November 17-19, 2015

Management Centre Europe, Brussels, Belgium



AHLA Activities

Global Health Literacy Forum Report

The AHLA Secretariat is pleased to announce the Global Health Literacy Forum was hosted successfully. Secretary General Prof. Peter Chang appreciated participants around the globe came to take part in the conference.

This program provided an essential platform of discussion and debates that organized to elaborate agenda for global NCDs control as well as governmental commitments.




Call for Abstract and Register NOW

The International Conference on Health Literacy and Healthcare Efficiency

November 9 – 11 2015 Tainan, Taiwan

Deadline for abstract submission is Jul 31, 2015, please submit you abstract or CONTACT US via email 

Participants who would like to register for coming, PLEASE REGISTER NOW 



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AHLA's partnership with SinLau Hospital and National Cheng Kung University

AHLA Secretariat, Prof. Yaw-Tang Shih and Prof. Peter WS CHANG visited SinLau Hospital and National Cheng Kung University in Tainan for preparation of 3rd International Conference on Health Literacy and Healthcare Efficiency.



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1. (L→R) Dr. Jang-Yang Chang, Dean of College of Medicine, National Cheng Kung University, Dr. Huey-Jen Su, President of National Cheng Kung University, Prof. Yaw-Tang Shih, President of AHLA, Prof. Peter WS CHANG, Secretary General of AHLA
2. (L→R) Dr. Tzuu-Yuan Huang, Superintendent of SinLau Hospital, Prof. Yaw-Tang Shih, President of AHLA, Prof. Peter WS CHANG, Secretary General of AHLA

AHLA Member Activities

Congrats to MJ Group as the 2015 Top Health Examination Institution in Taiwan

MJ Group, one of the AHLA partners, is the winner of 2015 Best Health Examination Institution in Taiwan, selected by Global Views Magazine. Since the opening of its first Health Screening Center in Kaohsiung in 1988, MJ has been devoted to the field of preventive health care and health management services. For over 20 years of history, MJ has established its international network throughout Taiwan, Hong Kong, Beijing, Shanghai, and Kuala Lumpur.



Hanoi School of Public Health issued a quarterly newsletter

To share information about the activities of Hanoi School of Public Health (HSPH), starting from 2015, Hanoi School of Public Health, one of AHLA's member, shares the Newsletter No. 01, March 3 2015.

Hopefully to receive the attention and comments from readers to help them build the next newsletter better.

